

Truth That Builds the Body – Ephesians 4:25



Introduction

Words: believer, body, deceitful, identity, practice, righteousness, truthfulness

Vs 17–24 Paul dissects both the unbeliever and the _____.

Unbelievers are controlled by the _____ desires of the flesh.

Believers are controlled by the new man, created in _____ and holiness of the truth.

Now Paul moves from theology to _____; these are not random moral commands.

Our new _____ in Christ transforms our relationships within the _____.

The first evidence of the new life is _____.

1) The New Life Rejects Falsehood

Words: completed, context, deceit, disunity, heart, new man, therefore, unity, way of life

Paul starts with “_____,” linking to verses 22–24 and keeping our focus on the _____.

He is now elaborating on what life in the “_____” looks like.

“Laying aside” intentionally linking us back to verse 22, points to a _____ action done to you.

We are no longer people characterised by lying or _____.

“Falsehood” is not just telling lies; it is a _____ that characterises the old man - deceit.

It comes from the _____: one can speak truth but if the heart is deceitful, it can be used to harm.

Why does Paul begin with falsehood? His emphasis has been the _____ of the body.

Truth is foundational to Christian unity; lying creates _____.

2) The New Life Speaks Truth

Words: accurate, characterise, faithfulness, integrity, keep on, love, new heart, truth

“Speak truth” is a command to _____ speaking truth.

This is not a once-off act; it must _____ the Christian’s life - we are to be truthful people.

Why? Because we are new creatures with a _____ whose innermost desire is to please God.

Speaking truth to our neighbour includes saying things that are correct and _____,

but Paul calls us deeper. It includes honesty, _____, love and _____.

When we speak the _____ in _____, it will build the church.

3) The New Life Builds the Body

Words: behaviour, build, characterized, family, God, identity, members, new, reflects, trust

Does not say, “Speak truth because God commanded it,” but because we are _____ of one another.

We are _____.

Covenantal - the working out of the _____ covenant, and the promised heart of flesh.

Zechariah 8:16: His people are to be _____ by truth.

The body cannot function without truth, which results in _____.

The church as God’s covenant community must be characterised this way because it is who _____ is.

Truthfulness in believers _____ God.

Paul’s reason is rooted in our _____: who we are is the source of our _____.

Our new life, characterised by truth spoken in love, will _____ and mature the body and strengthen us.